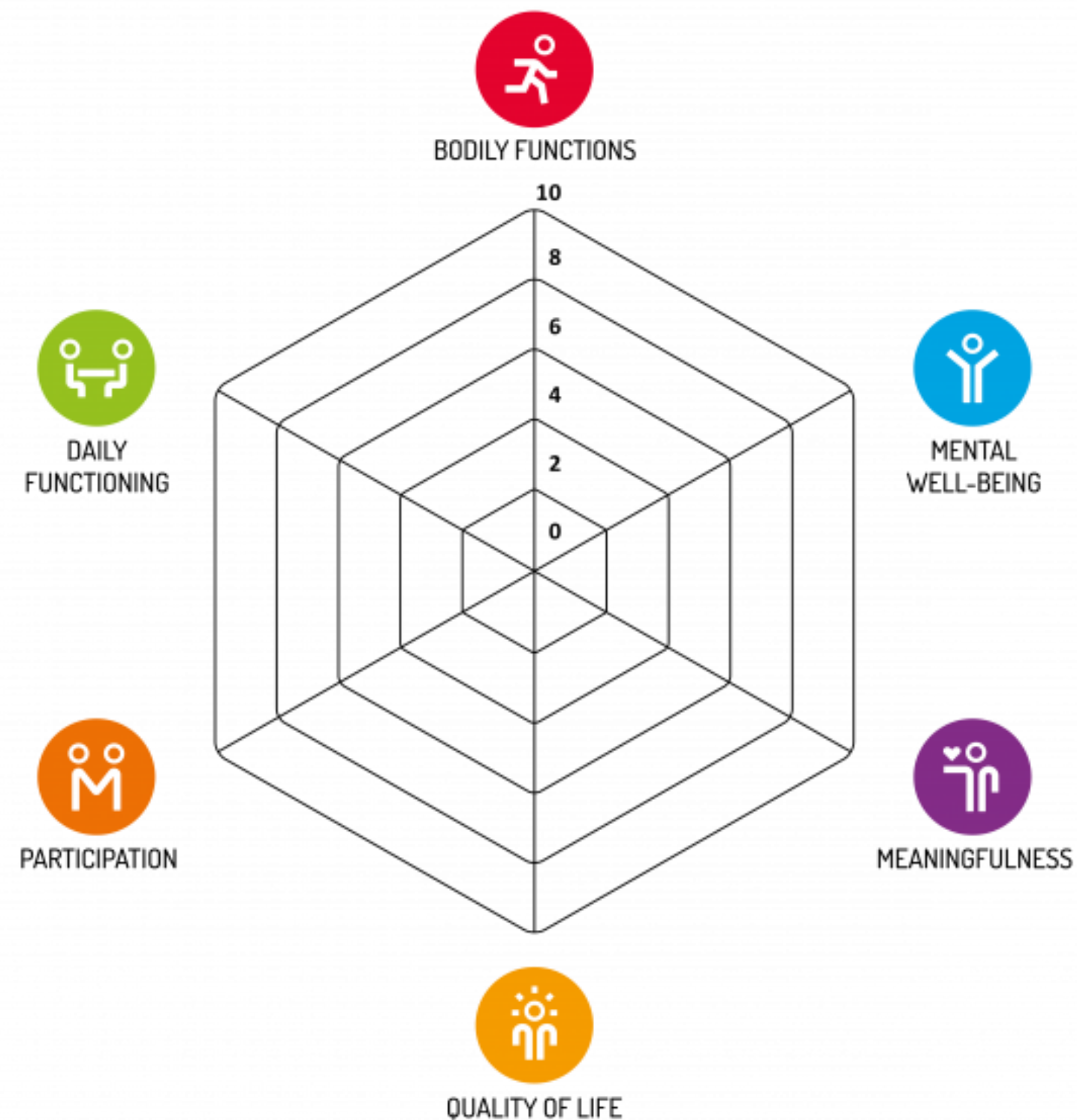




Contributing to a more inclusive and context-sensitive concept of health

Stacey de Jong-Witjes, PhD candidate (presenter)
Judith Thoonen, co-researcher

Background



Our study

Stakeholders' viewpoints on the concept of health for people with an intellectual disability, a qualitative and inclusive study



Academic collaborative Intellectual disability and Health –
Sterker op Eigen Benen (SOEB), Nijmegen, The Netherlands.

Our aim



To develop a **new dynamic and context-sensitive concept of health** for people with ID, grounded in the experiences and perspectives of key stakeholders.



A better understanding of **interactions** between the medical context and everyday care context helps to create **awareness** among involved stakeholders on the importance of these interactions for **prevention** of health problems and **effective interventions** addressing health problems.

What to expect

- **Lessons learned** - learn from us as Judith shares our recommendations conducting focusgroup-research inclusively
- **Methods & results** - from our qualitative focusgroup study



Lessons learned – part 1

Inclusive research – how did we prepare?



Methods

Participants: 36

Stakeholder groups:

- people with mild to moderate ID
- family members or legal representatives
- daily caregivers
- ID physicians and other primary healthcare providers
- allied health professionals

Total of 6 focusgroups: 4 to 8 participants



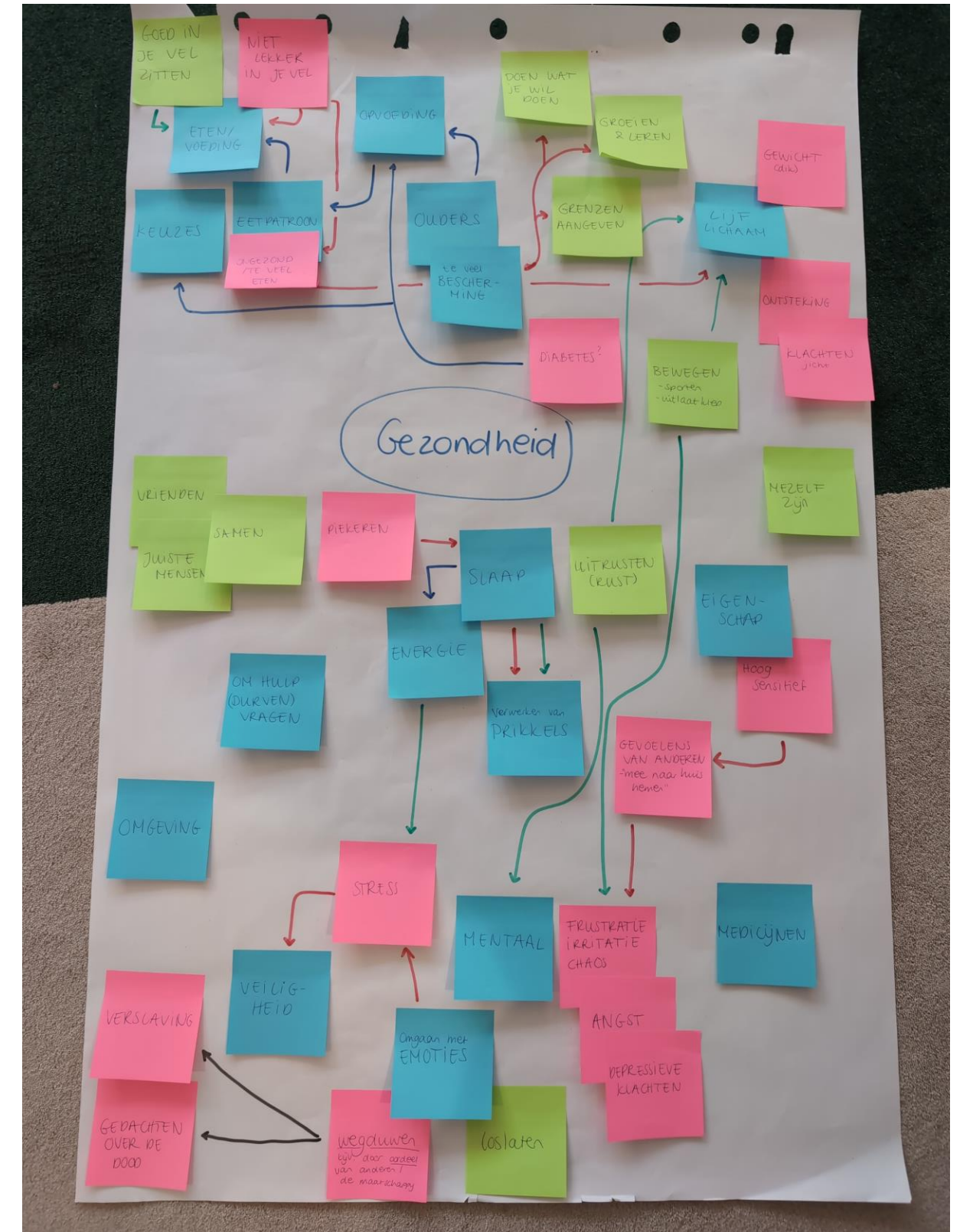
Lessons learned – part 2

Inclusive research – the focusgroups



Analysis

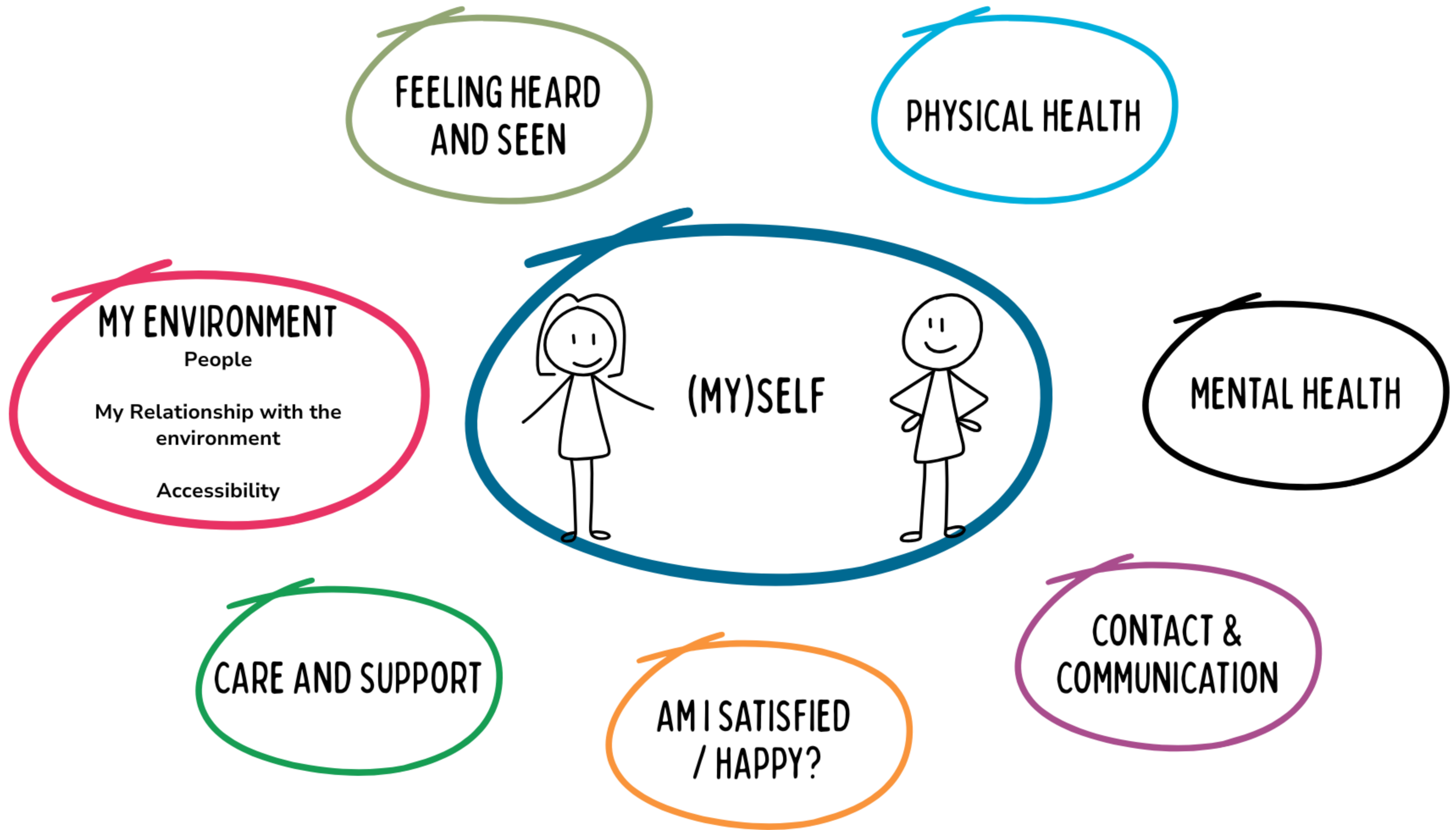
Thematic analysis: identifying **key patterns** and **meanings**



Lessons learned – part 3

Inclusive research – analysis





Conclusion

Health largely has a similar meaning for people with intellectual disabilities, but there are a number of **essential aspects** of their concept of health that we must not overlook, such as: feeling heard and seen, and receiving care and support.

This research has allowed us to bring these aspects of health much closer to the real-world daily life and lived experience of people with ID, in terms of both content and language.

Conducting inclusive research leads to a broader and deeper understanding of these aspects.

Lessons learned – part 4

Inclusive research – take home message



Thank you for your attention!

