

# COVID-19 in people with intellectual disabilities

In the Netherlands, many people have expressed concerns about the coronavirus and its impact on people with intellectual disabilities. To gain more insight into this situation, on 24 March the Academic Collaborative 'Sterker op eigen benen' of Radboud university medical center made an on-line registration system available. The registration system was commissioned by the Ministry of Health, Welfare and Sport. The preliminary findings of the registration system are presented in this fact sheet.

Since June 9, a question has been added to the registration about the use of the 'ID-Frailty Index'; a version of the Clinical Frailty Scale suitable for people with intellectual disabilities, developed by Academic Collaborative **GOUD**.

The most common complaints with a COVID-19 infection are: fever (73%), cough (70%), fatigue (63%), shortness of breath (47%) and gastrointestinal complaints (39%).

## Figures



### REGISTRATION

- 66 organizations have joined the registration system;
- 1.611 patients with intellectual disabilities with suspected COVID-19 infection have been registered (of which 56% are men and 44% women);
- 104 registered patients have died, and a COVID-19 infection has been confirmed in 56 of those cases by means of testing;
- The mortality rate in people with a proven COVID-19 infection is 13%.



### TESTING

- 1.156 of the registered patients have been tested;
- Of this group, 37% tested positive (428 patients);
- 89% of patients with proven COVID-19 infections live in a group home and 11% in their own apartment;
- 62% of proven COVID-19 infections occur in the 40 to 69 age group and 16% in the 70+ age group.



### HIGHLIGHTS

- 75% of the patients who died of a COVID-19 infection had an extra oxygen requirement;
- In 61% of patients who died of a COVID-19 infection hospital admission was deemed necessary.